



Totality of Possibilities

A one-day workshop introducing you to the concepts and philosophy of renowned author Louise Hay.

By looking at your negative beliefs and thought processes you can tap in to the areas of your life where you are limiting yourself. By using powerful positive exercises and techniques you will come to understand:

How to use affirmations to **CHANGE HOW YOU FEEL**

To love yourself and others more **FULLY AND DEEPLY**

Work with body, mind, emotions and spirit to **TRANSFORM YOUR LIFE**

To live with the **ATTITUDE OF GRATITUDE**

Workshop Dates for 2012

Saturday 31st March

Saturday 25th August

Investment: £90

Limited places so REGISTER NOW

Workshops are held at:

Venue to be confirmed

To book call **07801 700542** or send your completed booking form to:
36a Broomfield Road, Chelmsford, Essex CM1 1SW

About your teacher...

Jacqueline Taylor
“Live the Life YOU want to Live”

Jacqueline’s holistic career began when she trained as a Beauty Therapist and Aromatherapist in the early nineties at the London Institute of Beauty Culture. On graduating she worked for The Spa at Selfridges in London before moving on to Yves Rocher where she managed their Harrow branch. Since 1999 she has studied various massage therapies, two Reiki disciplines to Mastership level, Crystal Healing, Indian Head Massage, Hopi Ear Candles, Meditation and Buddhism in addition to becoming a licensed ‘Heal Your Life®’ Teacher & Life Coach. She is also a fully qualified member of B.A.B.T.A.C. and Embody.

Jacqueline now practices her therapies and runs workshops in Chelmsford, Essex with the aim to teach, aid and support anybody who wishes to live a healthy, happy, holistic life.

TOTALITY OF POSSIBILITIES – Booking form

Name:

Address:

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Tel. No:

E-Mail:

Course Date:

A non-refundable deposit of £50 is required with booking form. Balance payable 3 weeks prior to course date. Please make cheques payable to **Jacqueline Taylor**