



Heal Your Life®
TRANSFORMATIONAL WORKSHOPS

A life changing workshop based on Louise Hay's bestselling book "You Can Heal Your Life"

Based on the work of renowned author Louise Hay this powerful **TWO** day workshop has allowed many thousands of people around the world to make positive changes in their lives.

By looking at your negative beliefs and thought processes you can tap in to the areas of your life where you are limiting yourself. By using powerful positive exercises and techniques you will come to understand:

Your family dynamics and barriers to **LOVE**

To bring affirmations into your body and not just **IN YOUR MIND**

To love yourself and others more **FULLY AND DEEPLY**

Work with body, mind, emotions and spirit to **TRANSFORM YOUR LIFE**

Release negative emotions that block **JOY AND CREATIVITY**

Workshop Dates for 2010

**30th & 31st January / 27th & 28th March / 29th & 30th May
31st July & 1st August / 18th & 19th September /
20th & 21st November**

Investment: £297

(includes a bonus 30 minute follow-up coaching session)

Limited places so REGISTER NOW

Workshops are held at:

Venue to be confirmed

To book call **07801 700542** or send your completed booking form to:
36a Broomfield Road, Chelmsford, Essex CM1 1SW

About your teacher...

Jacqueline Taylor

“Live the Life YOU want to Live”

Jacqueline’s holistic career began when she trained as a Beauty Therapist and Aromatherapist in the early nineties at the London Institute of Beauty Culture. On graduating she worked for The Spa at Selfridges in London before moving on to Yves Rocher where she managed their Harrow branch. Since 1999 she has studied various massage therapies, two Reiki disciplines to Mastership level, Crystal Healing, Indian Head Massage, Hopi Ear Candles, Meditation and Buddhism in addition to becoming a licensed ‘Heal Your Life®’ Teacher & Life Coach. She is also a fully qualified member of B.A.B.T.A.C. and Embody.

Jacqueline now practices her therapies and runs workshops in Chelmsford, Essex with the aim to teach, aid and support anybody who wishes to live a healthy, happy, holistic life.

HEAL YOUR LIFE – Booking form

Name:

Address:

.....

.....

Tel. No:

E-Mail:

Course Date:

A non-refundable deposit of £100 is required with booking form. Balance payable 3 weeks prior to course date. Please make cheques payable to **Jacqueline Taylor**