

Jacqueline Taylor

Holistic & Complementary Therapist
Tel: 07801 700542 / www.merlintherapy.co.uk

Alternative Therapies

Reiki £30.00

Reiki is a technique for stress reduction and relaxation that allows everyone to tap into an unlimited supply of "life force energy" to improve health and enhance the quality of life

Course of 3 £85.00 / Course of 5 £135.00

Crystal Healing £28.00

Crystals are used to rebalance body energies and to promote well-being

Course of 3 £80.00 / Course of 5 £126.00

Hopi Ear Candles £30.00

An ancient Native American Indian technique to clear blocked ears and nasal passages.

Course of 2 £50.00

Massage Therapies

Aromatherapy Massage

Essential oils are blended to suit your personal well-being.

Full Body £45.00

Course of 3 £128.00 / Course of 5 £200.00

Back, Neck & Shoulder £28.00

Course of 3 £80.00 / Course of 5 £126.00

Holistic Massage

Traditional massage to increase circulation, breakdown tension and relax stressed and tired muscles.

Full Body £40.00

Course of 3 £114.00 / Course of 5 £180.00

Back, Neck & Shoulder £25.00

Course of 3 £71.00 / Course of 5 £112.00

TH. Stone Therapy Massage

A therapeutic massage using Hot & Cold volcanic stones to eliminate muscle pain, tension and stress.

Full Body £55.00

Course of 3 £156.00 / Course of 5 £247.00

Back, Neck & Shoulder £30.00

Course of 3 £85.00 / Course of 5 £135.00

Indian Head Massage £28.00

Massage, Shiatsu and Acupressure techniques on upper back, shoulders, arms/hands, neck, scalp and face to relax, rebalance and cleanse the body.

Course of 3 £80.00 / Course of 5 £126.00

PLEASE NOTE – I do not give full body massages to men. – Thank You.

Workshop Programme

Workshops are available:

- Reiki
- Heal Your Life®
- Life Transformational Techniques
- Relaxation & Meditation
- Positive Thinking & Cosmic Ordering

Please contact me for further details